



ASPIRE



Prayer & Liturgy



St. Bernadette's Newsletter

W/B 4th Dec 23- every fortnight

Upcoming events- Save the Date

- Wednesday 6th December am
Advent Prayer Trails in School
- Friday 8th December
**Non uniform for Food Bank donations
Years 3 & 5 - Advent Mass 11am Everyone welcome**
- Wednesday 13th December
**FS Christmas Performance
9:30am and 2:00pm
Years 4 & 6 - Advent Mass 11am**
- Thursday 14th December
KS1 Christmas Performance 9:30am and 2:00pm
- Friday 15th December
KS2 Christmas Performance 9:30am and 2:00pm
- Monday 18th December
Whole School Carol Service 2pm Everyone welcome (taking place in church)
- Wednesday 20th December
Christmas Dinner & Christmas Jumper Day
- Thursday 21st December
Christmas Party Day
- Friday 22nd December
School Closes for Christmas 3pm

Job Vacancies

HARRYTOWN CATHOLIC HIGH SCHOOL currently has vacancies for a Pastoral Manager, Learning Support Assistants and a Food, Art & Design Technology Technician. Please visit the School Website for more details –

<https://www.harrytownschool.org/Information/Vacancy-Information/>



In the Gospel this week...

We begin a new church year and begin our journey of Advent, preparing a way for Jesus. Every year we know that we celebrate Jesus' birthday on 25th December, but we don't know when He will come again so, like Mary, we must always have ready hearts for Jesus!

Thank you to all families who joined us for our Advent Family Mass yesterday and a huge well done to our readers Aisla, Stasiu, Charlie and Oscar.

In the Gospel next week...

We learn that John prepares the way for Jesus and announces that Jesus is more powerful. Advent is a time for getting ready for us to prepare the way for Jesus. Will we be ready to announce His arrival like the angels on Christmas Day?

Please click [here](#) to view the Wednesday Word for this week.



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ASPIRE Stars!

W/B 16th October

FS1 - Vihaan Chalke

FS2 - Enzo Silva

Yr 1 - Poppy Cross

Yr 2 - Harley-Scott
Pilkington

Yr 3 - Aroha Stafford

Yr 4 - Bentley Neve

Yr 5 - Aubrey Chilton

Yr 6 - Lexie Faulkner

Acts of Kindness

W/B 16th October 2023

FS1 - Aditi Sunkari

FS2 - Piper-Dee
Hazeldine

Yr 1 - Enya Miller

Yr 2 - Isaac
Mardokhy

Yr 3 - Lorelai Kes

Yr 4 - Alex Evans

Yr 5 - Jack
Richardson

Yr 6 - Brooke
Hodkinson

Superstar Readers!

W/B 16th October

EY/KS1 - Sybil McConnell

KS2 - Alex Cichocki



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DRUHMS at St Bernadette's

On Thursday, Key Stage 1 and Class 4 took part in a DRUHMS session! The sessions combined music and PE with a lot of fun! The children learned different drumming patterns and drummed along to music. It has been described by the children as “fun, epic, noisy, exciting and tiring”!

Scan the QR code to see Class 4 in action!





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Christmas Food Bank Donations

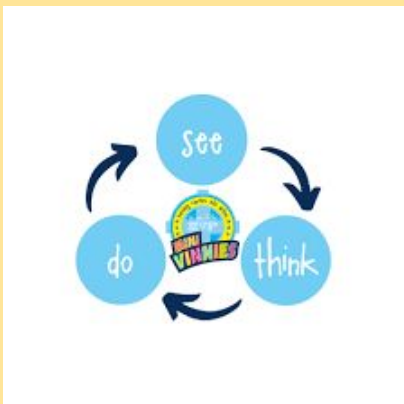


Our Mini Vinnies are working hard to make a positive difference in their local community. They have decided to organise donations for our local food bank.

On Friday 8th December we are asking for the donations below in exchange for the children having a non-uniform day. Thank you in advance for your support and generosity.

The food bank are in need of the following items:

- Shaving gel
- Hair conditioner
- Sanitary products
 - Mouthwash
 - Toilet rolls
 - Toothbrushes
 - UHT Milk
- Christmas Selection Boxes
 - Cordial
 - Crisps
 - Jam/Spreads
- Bathroom cleaner
 - Bleach
- Washing capsules/tablets
 - Foil
- Kitchen cleaner
- Kitchen roll





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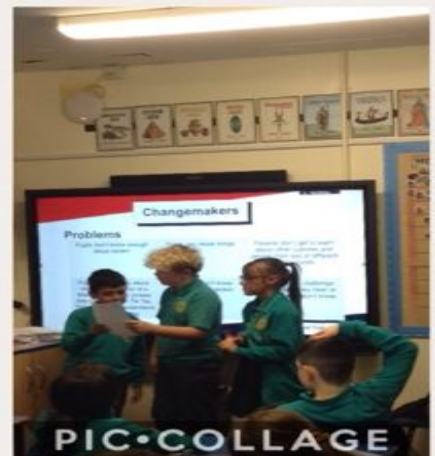
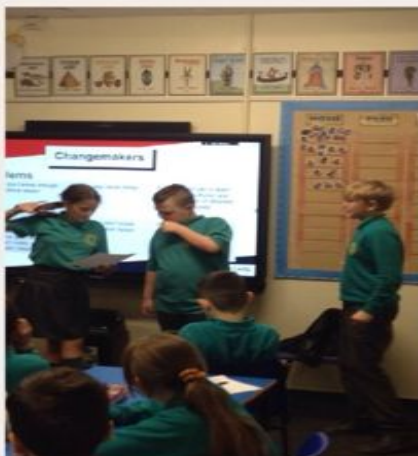
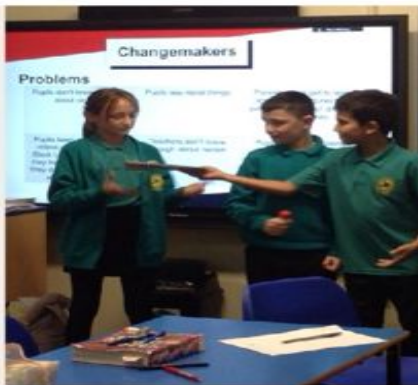
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Say No to Racism Day Year 6

Year 6 had a visitor in to teach them all about stereotypes and racism.



22.11.2023 - Show Racism the Red Card



PIC•COLLAGE



A S P I R E

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Children with Autism

Autism is a lifelong condition that affects communication and interaction and having an autistic child in the family can bring certain challenges.

If your child has a diagnosis of autism, there is support which you can receive from the Stockport Autism Team.

Training and resources for parents and carers include:

EPEC:

<https://www.stockport.gov.uk/groups/stockport-empowering-parents-empowering-communities>

Solihull Approach:

https://stockport.fsd.org.uk/kb5/stockport/fsd/service.page?id=b2lO17ziu_o

Spectrum Gaming - support for parents/training opportunities -

<https://www.spectrumgaming.net/>

There is also a webinar that was recorded during COVID via Seashell Trust which uses the Riding the rapids techniques for managing challenging behaviour.

Positive Behaviour Webinar Link:

<https://www.youtube.com/watch?v=Ta6m2kEj2zw>

For further information visit the Stockport Local Offer:

<https://stockport.fsd.org.uk/kb5/stockport/fsd/localoffer.page?localofferchannel=0>

The New Autism Facebook Page:

<https://www.facebook.com/groups/452242642236658/>

What Parents & Carers Need to Know about SMART TVs

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

From Netflix to Disney+ to Prime Video, there is a plethora of streaming services available. While these services offer content catering for younger viewers, they also provide material for more mature audiences. If you don't have parental controls set up on your accounts, your child could find themselves being exposed to shows and movies with adult themes, strong language and violence.

INCREASED SCREEN TIME

The array of content available through smart TVs could lead to your child spending excessive amounts of time in front of the screen. Not only can prolonged screen time distract from important activities such as schoolwork or exercise, but experts have also warned that endless hours in front of the box can lead to health problems including obesity, poor sleeping patterns and depression.

REMOTE-CONTROL RETAIL

Like many online devices, smart TVs facilitate digital purchases: buying a new app or the latest season of a favourite show, for example. If your child has access to a bank card and isn't restricted by spending controls on the system, they could run up a sizeable bill through a smart TV fairly quickly – especially if they're not quite old enough to fully appreciate the value of money.

Smart TVs connect to the internet without the need for a set-top box or streaming device, letting users access a range of features through the TV set itself: from on-demand content apps like BBC iPlayer to streaming services such as Netflix, as well connecting to smartphones and other wireless devices. Most new televisions are internet enabled – so whether you're thinking of upgrading your home viewing system or buying an additional TV for your child's room, it's now even more important to consider the online safety aspects.

UNCONVINCING SECURITY

As Internet of Things (IoT) devices, smart TVs can be uniquely vulnerable to attack. Experts warn that internet-enabled TVs tend not to support high-level security software, so you won't always be able to download strong antivirus programmes like you would on a phone or computer. Being targeted by hackers could be deeply upsetting for your child, as well as putting their personal data at risk.

A SILENT SPY?

Some smart TVs already collect data on users' viewing habits and then display targeted advertising based on that personal information – while there have also been reports of internet-enabled TVs (and the apps installed on them) being used to 'eavesdrop' on owners. In models with a built-in microphone (for voice activation), third parties could potentially listen in on someone's home life.

CONTACT FROM STRANGERS

Many smart TVs can be used for web browsing, social media and live streaming – all of which could allow unknown users to contact your child (or vice versa). If your child engages with these functions of the TV, a stranger could potentially discover their contact information and potentially then use it to obtain even more sensitive personal details, such as your home address.

Advice for Parents & Carers

MAKE IT A FAMILY THING

Family TV time is a great way to model the responsible enjoyment of technology – showing your child how to use the smart TV safely for when they're old enough to watch it independently. You could also take this opportunity to establish some healthy TV boundaries, such as time limits on their daily viewing or how to make sure they're only watching content that's appropriate for their age.

SET UP PARENTAL CONTROLS

It's likely that your smart TV has built-in parental controls, which not only let you filter out age-inappropriate shows, movies and games but can also restrict in-app purchasing, so your child can't accidentally spend money through the device. When you've enabled these safeguards, have an open conversation with your child about the reasons, helping them to understand the potential risks.

CREATE CHILD PROFILES

Much like with smartphones and tablets, apps can be downloaded onto smart TVs: from free content platforms such as BBC iPlayer to paid-for services like Prime Video. Most of these apps allow you to create a separate account for your child which has different settings to your own – suggesting more child-friendly material and reducing the possibility of them viewing explicit content.

CONSIDER THE LOCATION

If you're concerned about the online safety hazards that a smart TV might pose to your child, you could consider where in your home you put the device. The safest option would be to place the smart TV in a shared family space – so that an adult is usually nearby and able to supervise while your child's watching it – rather than in the relative privacy of a bedroom.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



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#WakeUpWednesday