













Spring Summer Menu – Week One



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WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	Cheese & Tomato Pizza, Herby Diced Potatoes 	Italian Chicken & Mixed Rice 	Roast Chicken Roast Potatoes & Gravy	Sweet chilli chicken & mixed rice	Fish Fingers, Chips & Tomato Ketchup
VEGETARIAN OPTION	Jacket Wedges with Baked Beans  or Cheese	Butternut Squash & Tomato Bake & Mixed Rice 	Quorn Roast, Roast Potatoes & Gravy	Vegetable Sausage Pasta Bake 	Cauliflower, Potato & Chickpea Curry, Mixed Rice
VEGETABLES	Carrot & Cucumber Mixed Vegetables 	Garden Peas Carrots 	Cauliflower Seasonal Greens 	Green Beans Sweetcorn, Salad 	Baked Beans Peas 
JACKET POTATO OPTION	Jacket potato with Cheese tuna or beans	Jacket potato with Cheese tuna or beans	Jacket potato with Cheese tuna or beans	Jacket potato with Cheese tuna or beans	Jacket potato with Cheese tuna or beans
DESSERT	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce or Custard	Ice Cream & Banana 	Vanilla Blondie & Apple Wedges 	Strawberry Muffin/ Traybake

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish














Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer Menu – Week Two



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	Rainbow Pizza, Herby Diced Potatoes 	Chicken & Sweetcorn Meatballs, Tomato Sauce & Pasta	Roast Gammon Roast Potatoes & Gravy	Chicken Tikka Curry & Mixed Rice 	Battered Fish or Fish Fingers, Chips & Tomato Ketchup
VEGETARIAN OPTION	Jacket Wedges with Baked Beans or Cheese 	Veggie Burger & Potato Wedges	Quorn Roast, Roast Potatoes & Gravy	Cheese & Onion Pastry Roll & Potato Wedges	Margherita Macaroni 
VEGETABLES	Sweetcorn, Peas Salad 	Green Beans Cauliflower 	Carrots Savoy Cabbage 	Mixed Vegetables Salad 	Baked Beans Peas 
JACKET POTATO OPTION	Jacket with cheese tuna or beans	Jacket with cheese tuna or beans	Jacket with cheese tuna or beans	Jacket with cheese tuna or beans	Jacket with cheese tuna or beans
DESSERT	Flapjack Finger	Chocolate & Banana Muffin & Apple Wedges 	Jelly & Mandarins 	Fruity Jam Bun & Custard	Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of
fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
fish













**Our desserts meet Public Health
England's target for 'free
sugar' intake for your child.**

Recommended fruit and
vegetable portion sizes are calculated
using School Food Standards. On average our
desserts do not exceed a third of a child's
recommended 'free sugar' intake.

Spring Summer Menu – Week Three



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION	Cheese & Tomato Pizza & Herby Diced Potatoes 	Chicken Biryani	Roast Turkey, Roast Potatoes & Gravy	BBQ Chicken, Vegetable Burrito & Mixed Rice 	Fish Fingers, Chips & Tomato Ketchup
VEGETARIAN OPTION	Jacket Wedges with Baked Beans  or Cheese	Veggie Hot Dog with wedges	Quorn Roast, Potatoes & Gravy	Cheese & Onion Quiche & Diced Potatoes	Macaroni Cheese
JACKET POTATO OPTION	Jacket with cheese tuna or beans	Jacket with cheese tuna or beans	Jacket with cheese tuna or beans	Jacket with cheese tuna or beans	Jacket with cheese tuna or beans
VEGETABLES	Mixed Vegetables Salad 	Peas, Sweetcorn 	Spring Greens Cauliflower 	Green Beans Carrots 	Baked Beans Garden Peas 
DESSERT	Chocolate Shortbread Biscuit	Fruity Flapjack with Banana 	Oat Crunch Biscuit	Apple Sponge & Custard 	Chocolate Cornflake Cake

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.