

Week One

St Bernadettes

Primary Menu Week 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	<u>Taco's</u> with Veggie Chilli, Mixed Rice and a Mint yoghurt	Classic Pasta Bolognese & Garlic Bread	Roast of the Day with roast potatoes Stuffing & Gravy	Mild chicken Curry & Mixed Rice	Crispy Fish Cheeseburger with Chips & Or Tomato Sauce
Vegetarian Main Meal Option 1	Wholemeal Margherita Pizza Slice with Jacket Wedges	Veggie Mince Spaghetti Bolognese & Garlic Bread	Quorn Roast with Stuffing & Gravy & roast potatoes	Mildly Spiced Sticky Korean Vegetables with Noodles	Crispy Veggie Burger with Chips & Or Tomato Sauce
Vegetable Selection	Green Beans Sweetcorn	Broccoli Roasted Summer Vegetables	Cauliflower Seasonal Greens	Mixed vegetables	Baked Beans Garden Peas
Jacket Potato and Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Dessert	Orange & Banana Traybake	Apple Flapjack	Tropical Crumble with Pineapple, Mandarin, Peaches & Cream	Sponge cake & custard	Chocolate Cookie

Available Daily

Pick & Mix Selection

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts



Week Two

St Bernadettes

Primary Menu Week 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Margherita Pizza with Herby Diced Potatoes	Chicken & Broccoli pasta with Herby Focaccia	Roast of the Day with Yorkshire Pudding, Roast Potatoes & Gravy	Hunters chicken & Baked Wedges	Crispy Breaded Fish Fingers & Chips
Vegetarian Main Meal Option 1	Vegetable shepherds pie	Chinese Vegetable Curry & Mixed Rice & Naan	Roast quorn with Yorkshire Pudding, Roast Potatoes & Gravy	Creamy Baked Macaroni Cheese	Veggie Hot Dog with Onions & Chips
Vegetable Selection	Sweetcorn & Peppers Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Broccoli Roasted Winter Vegetables	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Dessert	Oaty Raisin Cookies with Watermelon Slice	Cinnamon Pear Upside Down Cake with Chocolate Drizzle	Jam Tart & Custard	Lemon & Blueberry Yoghurt Cake	(Hidden) Beetroot Brownie

Available Daily

Pick & Mix Selection

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts



Primary Menu Week 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Veggie Meatballs with a Mediterranean Tomato Sauce & Fluffy Cous Cous	Sausage & mash with gravy	Roast of the Day (Chicken or Turkey) with Stuffing & Gravy	Chicken hotpot with new potatoes	Classic Friday Fish & Chips with Tomato Sauce
Vegetarian Main Meal Option 1	Wholemeal Margherita Pizza with a half portion of Baby Baked Potatoes	Vegetable sausage with mashed potato & gravy	Quorn Roast with Stuffing, & Gravy & roast potatoes	Tomato, Basil & Courgette Pasta Bake	Crispy veggie fingers & chips
Vegetable Selection	Mixed Vegetables Garden Salad	Green Beans Cauliflower	Wok Bashed Vegetables Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Dessert	Chocolate Shortbread with Apple Smiles	Carrot Cake Cookie	Peach Shortcake Bar & Custard	Chocolate biscuit	Lemon & Courgette Slice

Available Daily

Pick & Mix Selection

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

